



New York
Early Childhood
Professional
Development
Institute





Welcome!

Welcome to the ACS/CUNY Informal Family Child Care Project *Guide to Free and Low Cost Activities to do with Children in New York City!* As a child care provider, you have the unique responsibility and joy of caring for children during an important time in their lives. Being out in the world adds variety to the day and helps children develop a sense of themselves and the world around them. We hope this guide makes your time with children easier, more interesting and more FUN!

Who we are:

The ACS/CUNY Informal Family Child Care Project (IFCC) is a partnership between the Administration for Children's Services (ACS) and the City University of New York (CUNY) created to support the important work you do with children and families every day. IFCC offers a variety of programs and services, including:

- Professional learning workshops
- · Coaching and individualized support
- · Career development, and
- Resources and materials to use with children.

Who this guide is for.

Whether you are caring for one child a few days a week or several children on a regular basis, you are building relationships and providing important learning opportunities through the choices you make every day. IFCC created this guide for you, to share information about the rich resources and experiences available for young children in New York City, many of which are free or low cost.

How to use this guide:

Outings with children can include short trips – like a daily walk or a visit to a local park, library, or grocery store – or longer outings to specific destinations. In this guide, you will find information about places to visit with children and tips for making your outings safe and engaging. The guide is organized in two ways – by borough and by type of experience or venue – and puts information about the diverse resources NYC has to offer at your fingertips.



Orand Central Pkwy

MUSEUMS AND CULTURAL INSTITUTIONS

Plan Your Visit

- CHOOSE a museum or cultural venue to visit.
- **PREPARE** for the outing.
 - → Visit the venue's website or call in advance for information.
 - → Choose one or two exhibits or areas to focus on during your visit.
 - → Consider logistics like transportation, supervision, weather, and meals.
 - → Inform families in advance about where you're going
 - → Ensure children are dressed properly.
 - → Pack a first aid kit.
- BUILD excitement before your visit.
 - → TALK with children about what they might see and introduce new words and concepts (What is a museum? What is an exhibit?).
 - → READ books and share stories about some of the things they may see.
 - → ASK questions to learn what children are curious about

While You're There

- **FOLLOW** children's lead and let them guide your exploration.
- **OBSERVE** children interacting with exhibits, displays, activities.
- **DOCUMENT** your observations with pictures or notes to help children remember the experience later.

- **LISTEN** and **OBSERVE** for opportunities to introduce new words or concepts
- ASK open-ended questions like:
 - → What do you NOTICE?
 - → What do you WONDER?
 - → How does it make you FEEL?
- Make it FUN!
 - → Invite children to **ACT OUT** what they see.
 - → **PLAY** "I ŚPY" (I spy something red, round, HUGE, tiny, etc.).

Extending Learning

- At home, ENCOURAGE REFLECTION about the outing.
 You might ask:
 - → What did you like the most about our trip today?
 - → What new words did you learn?
 - → What can we find or use at home to make our own art (or structures, animals, etc.)?
- **EXTEND** children's learning by trying the following activities after your visit:
 - → CREATE an art gallery with children and OBSERVE each other's creations.
 - → **READ** and **TALK** about art and creative expression.

QUEENS Museums and Cultural Institutions

Godwin-Ternbach Museum at Queens College (Godwin Ternbach Museum)

65-30 Kissena Boulevard 405 Klapper Hall Queens, NY 11367

(718) 997-4747

gtmuseum.org

Mon-Fri 11am-7pm Sat 11am-5pm

Pay As You Wish

The Godwin-Ternbach Museum organizes cultural exhibitions and programs of contemporary and historical significance for the diverse audiences of Queens and the metropolitan region. It is the only comprehensive collection of art and artifacts in the borough, housing nearly 6,000 works that date from ancient to modern times, which represent global cultures from Africa, Asia, Latin America, Europe and North America.

Directions:

Q25 Q34 Q44 Q64 to Queens College

Lawrence Family Graveyard Historic District

Southeast Corner of 20th Road and 35th Street

Oueens, NY 11105

(718) 997-4747

Lawrence Family Graveyard Historic District is a cemetery located in Oueens.

Directions:

N O to Astoria- Ditmars Blvd or Q100 to 20th Ave/31st St

or 0101 to Steinway St/21st Ave

Queens Museum of Arts

NYC Building, Flushing Meadows Corona Park

Queens, NY 11368

(718) 592-9700

queensmuseum.org

Wed-Sun 12pm-6pm

The Queens Museum is dedicated to presenting the highest quality visual arts and educational programming for people in the New York metropolitan area, and particularly for the residents of Queens, a uniquely diverse, ethnic, cultural, and international community.

Directions:

7 💎 to Mets - Willets Point

QUEENS Museums and Cultural Institutions

Sculpture Center

44-19 Purves St. East of Jackson Ave Long Island City, NY, 11101 (718) 361-1750 sculpture-center.org Pay As You Wish

Mon 11am - 6pm Thu-Sun 11am-6pm Sculpture Center is a contemporary art museum

Directions:



to Court Sq

Sidewalk Clock

30-78 Steinway St. Historic District

Queens, NY 11367

Landmark

Installed in 1922, this is one of two landmarked clocks in Queens and was purchased by Edward Wagner and moved from Manhattan to the front of his jewelry store.

Directions:







New York Hall of Science

47-01 111th St Corona, NY 11368 (718) 699-0005 nysci.org

Free Admissions Fridays, 2 – 5 pm and Sundays, 10 – 11 am.

Free hours are suspended during World Maker Faire.

Located in Flushing Meadows-Corona Park in the borough of Queens, in the section of the park that is in Corona. It occupies one of the few remaining structures from the 1964 New York World's Fair and is New York City's only hands-on science and technology center. The more than 400 handson exhibits explore biology, chemistry, and physics.

Directions:



7 To 111th St

QUEENS Museums and Cultural Institutions

Astoria Farmers Market

14th Street between 31st Avenue & 31st Road

Queens, NY 11106

(212) 788-7476

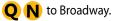
grownyc.org/greenmarket/queens/astoria

Open Wednesdays, July through mid-November 8 am – 3 pm.

Free Admission

A small weekday market with an excellent selection of fruits and vegetables that draw a large number of shoppers from the surrounding neighborhood and nearby WIC center. Shoppers will find a wide selection of vegetables, in-season orchard fruit, and a terrific variety of Mexican hot peppers, specialty greens and tomatillos.

Directions:





PARKS, RECREATION AND OUTDOOR VENUES

Plan Your Visit

- CHOOSE a park or other outdoor venue to visit.
- PREPARE for the outing.
 - → Visit the venue's website or call in advance to plan trip logistics.
 - → Choose one or two areas to focus on during your outing.
 - → Consider logistics like transportation, supervision, weather and meals.
 - → Inform families in advance about where you're going.
 - → Plan your route and be prepared to adjust based on children's needs.
 - → Ensure children are dressed properly.
 - → Pack a first aid kit
- TALK about what to expect.
 - → What do they think they will see?
 - → Are there games or equipment they look forward to playing with?

While You're There

- **ENCOURAGE** children to use their SENSES.
 - → **ASK** them to close their eyes and tell you what they hear or smell.
 - → TOUCH tree bark and other clean, safe objects you find and talk about texture, shape and size.
- ENCOURAGE children to LOOK for wildlife.
 - → LOOK under rocks and sticks for bugs, look up in the trees for birds.
 - → LOOK for animal tracks or for feathers that can tell the story of the animals that live in the area.

- **GO** on a scavenger hunt! Work together to create a list of items you may find and see outdoors.
- **COLLECT** leaves, rocks, sticks and other items to bring back with you.

Extending Learning

- When you get home, ENCOURAGE REFLECTION about their experience and discoveries.
- · You might ask:
 - → What did you like the most about our time outside today?
 - → What did you find on our outing today?
- DISCUSS what they see and EXPAND on their observations using descriptive words.
- **EXTEND** their learning by trying the following activities with them after your outing:
 - → ASK children to share their observations and discoveries.
 - → OFFER books and FACILITATE discussions about the outdoors, living in a city, the animals they saw.
 - → MAKE art using the items you collected. Press flowers, glitter pinecones or draw part of your favorite park outdoor activity.

QUEENS Parks, Recreation and Outdoor Venues

Curtis "50 Cent" Community Garden

117-15 - 117-09 165th Street (Foch Boulevard)

Oueens, NY 11434

nyrp.org/green-spaces/garden-details/curtis-50-cent-community-garden Free Admission

Giving back to his childhood neighborhood and the community that has supported him over the years, rap-sensation Curtis "50 Cent" Jackson joined forces with New York Restoration Project (NYRP) Founder and performer Bette Midler to breathe new life into this much needed green space.

Directions:

Q111 Q113 Q114 to Guy R Brewer Blvd/Foch Blvd

Q5 Q64 to Merrick Blvd/Foch Blvd

Queens Botanical Garden

43-50 Main Street

Flushing, NY 11355

(718) 886-3800

queensbotanical.org

Admission Low Cost:

\$4 Adult; \$3 Seniors

\$2 Students with ID and Children over 3.

Queens Botanical Garden is an urban oasis where people, plants and cultures are celebrated through inspiring gardens, innovative educational programs and demonstrations of environmental stewardship.

Directions:

7 to Flushing - Main St, or Q20 Q44 to Main St & Elder Ave

QUEENS Parks, Recreation and Outdoor Venues

Gantry Plaza State Park Playground

4-09 47th Rd at the East River Hunter's Point Long Island City Queens, NY 10007 (212) 866-3100 parks.ny.gov/parks/149/details Free Admission

Gantry Plaza State Park boasts spectacular views of the midtown Manhattan skyline, including the Empire State Building and the United Nations. Recreational facilities include basketball courts, playgrounds, handball courts, and a fishing pier with its own cleaning table.

Directions:



nto Vernon Blvd - Jackson Ave



LIBRARIES

Plan Your Visit

- CHOOSE a library to visit.
- PREPARE for your visit:
 - → Visit the library's website or call the branch you will be visiting. Most library branches offer interactive story times for different age groups as well as many other free programs and activities.
 - → Consider visiting the library in advance to meet the children's librarian and learn the layout of the library.
 - SIGN UP for your own library card if you don't already have one, and ask parents if their children have library cards before you go.
 - PREPARE children for story times at the library by setting aside a daily Story Time when you read aloud to children. If there are older children in your care, you may want get them involved in reading aloud to children as well.

While You're There

- INTRODUCE the children to the children's librarian and encourage children to ask for help with finding books. Older children may ask for help with homework assignments or projects.
- DO a Picture Walk.
 - → Choose a book preferably with lots of illustrations - and "walk" through the book, one page at a time.

- → **OBSERVE** what children **NOTICE**.
- → TALK about the characters and ask children to PREDICT what might happen, then
- → **READ** the book together.
- ENCOURAGE children to select one or two books (or more!) to bring home.
 You may also consider checking out books on tape or CD, DVD's and other available resources.

Extending Learning

- When you get home, ENCOURAGE REFLECTION about their experience at the library.
- · You might ask:
 - → What was your favorite part of the story you heard today?
 - → Why did you choose these books today?
- EXPLORE the following activities to continue promoting EARLY LITERACY and LANGUAGE development.
 - → **READ** to and with children
 - → OBSERVE how they INTERACT with books and stories
 - → INVITE children to create books of their own.
 - → CREATE a quiet and comfortable Book Nook or area in your home with books and soft materials.

Main Branch

Queens Central Public Library

89-11 Merrick Blvd Jamaica, NY 11432 (718) 990-0700 queenslibrary.org

Other Branches

Arverne Library 312 Beach 54 Street Arverne, NY 11692

(718) 634-4784

Auburndale Library

25-55 Francis Lewis Boulevard Flushing, NY 11358 (718) 352-2027

Bay Terrace Library

18-36 Bell Boulevard Bayside, NY 11360 (718) 423-7004

Briarwood Library

85-12 Main Street Briarwood, NY 11435 (718) 658-1680

Broadway Library

40-20 Broadway Long Island City, NY 11103 (718) 721-2462

Cambria Heights Library

218-13 Linden Boulevard Cambria Heights, NY 11411 (718) 528-3535

Corona Library

38-23 104 Street Corona, NY 11368 (718) 426-2844

Douglaston/Little Neck Library

249-01 Northern Boulevard Little Neck, NY 11363 (718) 225-8414

Elmhurst Library

85-08 51 Ave Elmhurst, NY 11373 (718) 271-1020 **Astoria Library**

14-01 Astoria Boulevard Long Island City, NY 11102 (718) 278-2220

Bayside Library

214-20 Northern Boulevard Bayside, NY 11361 (718) 229-1834

Bellerose Library

250-06 Hillside Avenue Bellerose, NY 11426 (718) 831-8644

Broad Channel Library

16-26 Cross Bay Boulevard Broad Channel, NY 11693 (718) 318-4943

Ozone Park Library

92-24 Rockaway Boulevard Ozone Park, NY 11417 (718) 845-3127

Central Library

89-11 Merrick Boulevard Jamaica, NY 11432 (718) 990-0700

Court Square Library

25-01 Jackson Avenue Long Island City, NY 11101 718) 937-2790

East Elmhurst Library

95-06 Astoria Boulevard East Elmhurst, NY 11369 (718) 424-2619

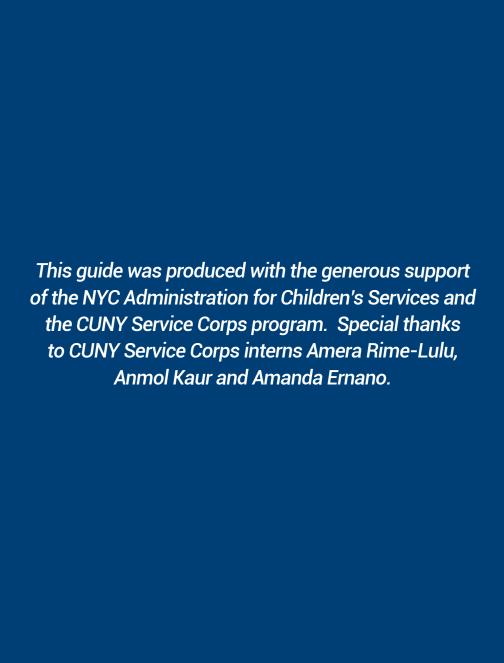
Far Rockaway Library

1637 Central Avenue Far Rockaway, NY 11691 (718) 327-2549

Flushing Library	Forest Hills Library
41-17 Main Street	108-19 71 Avenue
Flushing, NY 11355	Forest Hills, NY 11375
(718) 661-1200	(718) 268-7934
Fresh Meadows Library	Glendale Library
193-20 Horace Harding Expressway	78-60 73 Place
Fresh Meadows, NY 11365	Glendale, NY 11385
(718) 454-7272	(718) 821-4980
Glen Oaks Library	Hillcrest Library
256-04 Union Turnpike	187-05 Union Turnpike
Glen Oaks, NY 11004	Flushing, NY 11366
(718) 831-8636	(718) 454-2786
Hollis Library	Howard Beach Library
202-05 Hillside Avenue	92-06 156 Avenue
Hollis, NY 11423	Howard Beach, NY 11414
(718) 465-7355	(718) 641-7086
Jackson Heights Library	Kew Gardens Hills Library
35-51 81 Street	71-34 Main Street
Jackson Heights, NY 11372	Flushing, NY 11367
(718) 899-2500	(718) 261-6654
Langston Hughes Library	Laurelton Library
100-01 Northern Boulevard	134-26 225 Street
Corona, NY 11368	Laurelton, NY 11413
(718) 651-1100	(718) 528-2822
Lefferts Library	Lefrak City Library
103-34 Lefferts Boulevard	98-30 57 Avenue
Richmond Hill, NY 11419	Corona, NY 11368
(718) 843-5950	(718) 592-7677
Long Island City Library	Maspeth Library
37-44 21 Street	69-70 Grand Avenue
Long Island City, NY 11101	Maspeth, NY 1137
(718) 752-3700	(718) 639-5228
McGoldrick Library	Middle Village Library
155-06 Roosevelt Av. (off Northern Blvd)	72-31 Metropolitan Avenue
Flushing, NY 11354	Middle Village, NY 11379
(718) 461-1616	(718) 326-1390
Mitchell-Linden Library	North Forest Park Library
31-32 Union Street	98-27 Metropolitan Avenue
Flushing, NY 11354	Forest Hills, NY 11375
(718) 539-2330	(718) 261-5512
Peninsula Library	Pomonok Library
92-25 Rockaway Beach Boulevard	158-21 Jewel Avenue
Rockaway Beach, NY 11693	Flushing, NY 11365
(718) 634-1110	(718) 591-4343
Poppenhusen Library	Queens Library for Teens
121-23 14 Avenue	2002 Cornaga Ave
College Point, NY 11356	Far Rockaway, NY 11691
(718) 359-1102	(718) 471-2573









ACS/CUNY Informal Family Child Care Project

NY Early Childhood Professional Development Institute City University of New York

16 Court Street

Brooklyn, NY 11241

Phone: 718-254-7354

Email: IFCC@earlychildhoodny.org







