

Sports Instructor (Chinatown Ymca)

YMCA of Greater New York

New York, NY 10002

Coach / PD Provider

Part-time

Onsite

\$17.00 - \$25.00 an hour

Posted on August 27, 2026

Organization Statement

The YMCA of Greater New York is here for all New Yorkers — to empower youth, improve health, and strengthen community. Founded in 1852, today the Y serves a diverse population of more than half a million New Yorkers who learn, grow, and thrive through programs and services at our 24 branches. Community is the cornerstone of the Y. Together, we connect active, engaged New Yorkers to build stronger communities.

To help fulfill our mission, we cultivate a culture of learning, leading, and collaboration to enhance community impact. Through our talented staff and “LEAP” career framework (Leadership, Empowerment, Accountability, Personal Growth), we are committed to a people-first approach that fosters trust, inclusion, growth, and development for all.

Job Description

Salary: \$17.00 - \$25.00 Hourly

The Chinatown YMCA is seeking a Sports Instructor who will be responsible for working with children/teens to promote the enjoyment of sports activities while improving physical competence, developing confidence, and teaching basic skill development. The overall major functions of the Sports Instructor also include:

- Provide a fun, safe, and positive experience for all participants.
- Demonstrate strong service and hospitality with all constituents, including, but not limited to, program participants and parents/guardians.

- Create an all-inclusive and supportive learning environment.
- Teach progressive lessons and provide opportunities to demonstrate learned skills.
- Encourage a lifetime participation in sports and physical activity.
- Embody the YMCA Core Values.

Benefits:

The YMCA of Greater New York offers a variety of benefits to its staff members, including [retirement benefits](#), medical benefits, paid time off, free YMCA membership, and more! Benefit eligibility is determined by an individual's employment status (i.e., full-time or part-time), tenure, and/or the number of hours scheduled to work. Click [here](#) for more information.

Responsibilities

- Work with the Supervisor to develop program objectives and goals for each session.
- Create a written lesson plan for the program session that is age-appropriate and progressive, as needed.
- Provide supervision of the participants in line with YMCA program standards and guidelines (e.g., ratio, attendance, etc.).
- Be able to modify lesson plans and instructions to meet the needs of the participants.
- Emphasize teamwork and sportsmanship.
- Teach rules and fundamentals and enhance basic skills.
- Communicate with parents/guardians regarding the progress of their child/teen and registration for the next session.
- Communicate with parents/guardians about additional YMCA opportunities that can benefit them or their child/teen.
- Ensure that all equipment is age-appropriate, safe, and in proper working condition. This includes conducting monthly equipment safety checks.
- Work with the Supervisor to develop and lead program promotion and recruitment efforts.
- When applicable, provide direction to volunteers or Sports Assistants who support the program.
- Have a thorough understanding of branch emergency procedures and take appropriate actions in emergencies.
- Ensure the cleanliness of the program space during all activities.

- Inform the Manager on Duty (MOD) regarding any incident reports that need to be filled out.
- Actively participate in designated meetings, training sessions, and special events.

Qualifications

- High School Diploma or equivalent required.
- Minimum of one (1) year of experience teaching children/teens sports in a structured setting.
- Knowledge of youth development stages.
- Content expert in designated sports activity.
- Ability to communicate effectively with members of all ages.
- Current First Aid or CPR certifications required.
- Must attend the YMCA Coaching 101 Training within ninety (90) days of employment.
- Must receive the CDC HEADS UP Concussion in Youth Sports certificate within thirty (30) days of employment.
- **Minimum Education Level:** Highschool Graduate or GED
- **Preferred Education Level:** Highschool Graduate or GED

Application Instructions

How to Apply:

If you would like to be a member of our dynamic team, please complete our [online application](#) and submit your résumé and a thoughtful cover letter that explains your interest in the role and our organization.

Language Requirements

English